

# TAIKEN プログラム

(2016年11月26日作成)

## 共通コールズ (Common Calls)

- 1) Circle Left / Right
- 2) Forward and Back
- 3) Dosado
- 4) Couples Promenade ( full, 1/2 )
- 5) Allemande Left
- 6) Right and Left Grand
- 7) Pass Thru

## 第1回講習課題 (Pattern#1)

- 8) Allemande Right
- 9) Left Hand Star / Right Hand Star

## 第2回講習課題 (Pattern#2)

- 10) California Twirl
- 11) Half Sashay
- 12) U-Turn Back

## 第3回講習課題 (Pattern#3)

California Twirl

- 13) Star Thru
- 14) Right and Left Thru

## 第4回講習課題 (Pattern#4)

- 15) Grand Square
- 16) Swing
- 17) Single File Promenade

## 第5回講習課題 (Pattern#5)

Star Thru

Right and Left Thru

- 18) Dive Thru

## 第6回講習課題 (Pattern#6)

Right and Left Thru

- 19) Lead Right
- 20) Veer Left
- 21) Bend the Line

- \* このプログラムは6週間(または6回)継続し毎回参加者が異なる体験教室を想定して作成されました。
- \* 体験教室の第1回講習では共通コールズと第1回講習課題により指導されます。第2回講習では共通コールズと第2回講習課題により指導されます。第3回講習以降も同様のパターンで指導されます。
- \* 体験教室に継続して参加される方を指導する場合はこのプログラムをティーチングオーダーとして活用することもできます。
- \* 講習パターンを選択することにより回数を調整することができます。Swing を避けたい場合は第4回講習課題を省いても結構です。
- \* 単発の体験会では体験教室の第1回講習のパターンで指導することをお奨めします。
- \* 挨拶(Bow)とスクエアセットの説明は別途行います。
- \* 指導の際は「TAIKEN プログラム指導マニュアル・サポーター用」(S 協ホームページからダウンロードできます)と日本フォークダンス連盟発行の「絵で見るスクエアダンスハンドブック パートI」をご活用ください。

## オーディオ教材について

「TAIKEN プログラム」を活用したコールをCDに収録しました。ダンサーだけで実施する体験教室や経験が少ないコーラーが指導する時の補助教材としてご利用ください。

体験教室に継続して参加される方を指導するときは「レビューTip」をご活用ください。

言い方に個人差がありますが同じ動作です。

### Forward and Back

=Forward Up and Back

=Go Up to the Middle and Back

### Right and Left Grand

=Grand Right and Left

=Grand ol' Right and Left

### Left Hand Star/Right Hand Star

=Star Left/Star Right

=Star by the Left/Star by the Right

シンギングコールの構成は次の通りです

オープナー	導入部
フィギュア①	振付けられたダンス
フィギュア②	振付けられたダンス
ミドルブレイク	中休み
フィギュア③	振付けられたダンス
フィギュア④	振付けられたダンス
クローザー	締め括り
タグ	最後のおまけ

# 初めてのスクエアダンス

共通コールズ(Common Calls)によるダンス

CALLER (コーラー):金子 裕行

## 【1】 PATTERN CALL (パターンコール)

- 1) Bow to your Partner  
Bow to your Corner  
Join Hands, Circle Left  
今度は右に Circle Right  
もう1度左に Circle Left  
前進後退 Forward Up and Back  
Face your partner, Dosado  
Corner 向きます Allemande Left  
Partner, Dosado  
Corner, Allemande Left  
Partner 握手で Grand ol' Right and Left  
Meet your partner, Promenade  
Get Back Home
- 1) 1組 3組 Promenade 1/2 way  
2組 4組 Promenade 1/2 way  
全員 Promenade 1/2 way  
Corner 左手 Allemande Left  
Grand ol' Right and Left  
Meet your partner, Promenade  
Get back home
- 2) Heads Forward Up and Back  
Pass Thru  
Promenade 1/2 way  
Sides Forward and Back  
Pass Thru  
Promenade 1/2 way  
Corner, Allemande Left  
Partner, Grand ol' Right and Left  
Meet your partner, Promenade  
Get Back Home
- 3) Sides Forward Up and Back  
Sides Pass Thru  
Heads Forward Up and Back  
Heads Pass Thru  
Sides Promenade 1/2 way  
Heads Promenade 1/2 way  
Corner, Allemande Left  
Grand ol' Right and Left  
Meet your partner, Promenade

Get Back Home

- 4) Heads Forward Up and Back  
Heads Pass Thru  
Sides Forward Up and Back  
Sides Pass Thru  
Heads Promenade 1/2 way  
Sides Promenade 1/2 way  
Corner, Allemande Left  
Grand ol' Right and Left  
Meet your partner, Promenade  
Get Back Home
- 5) Face your partner, Dosado  
Face your corner, Allemande Left  
Partner Dosado  
Corner, Allemande Left  
Grand ol' Right and Left  
Promenade  
Get Back Home
- 6) Join Hands, Circle Left  
Circle Right  
Circle Left  
Boys 男性だけ Forward Up and Back  
Girls 女性だけ Forward Up and Back  
全員 Forward Up and Back  
Corner, Allemande Left  
Partner, Grand ol' Right and Left  
Promenade  
Get Back Home  
Bow to your Partner  
Bow to your Corner

## 【2】 SINGING CALL (シンギングコール)

“Ode To Joy”

《Opener/Middle Break/Closer》

(オープナー/ミドルブレイク/クローザー)

Circle Left

(前進後退) Forward UP and Back

Corner, Allemande Left

Grand Right and Left

Partner, Promenade

《Figure (フィギュア) ① ②》

Heads Forward Up and Back

Pass Thru

Promenade 1/2 way

Sides Forward Up and Back

Pass Thru

Promenade 1/2 way  
Allemande Left  
Promenade

《Figure (フィギュア) ③ ④》  
Sides Forward Up and Back  
Pass Thru  
Promenade 1/2 way  
Heads Forward and Back  
Pass Thru  
Promenade 1/2 way  
Allemande Left  
Promenade

《Tag (タグ)》  
Bow To Your Partner  
Bow To Your Corner

**CALLER (コーラー): 若松 真紀子**

**【3】 PATTERN CALL (パターンコール)**

- 1) Bow to your Partner  
Bow to your Corner  
Join your hands, Circle Left  
みんなで前進後退 Forward and Back  
Face your Partner, Dosado  
Face your Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 2) Heads Forward and Back  
Heads Dosado  
Heads Pass Thru  
Promenade 1/2 way  
Get back home  
Sides Forward and Back  
Sides Dosado  
Sides Pass Thru  
Promenade 1/2 way  
Get Back Home
- 3) Heads Pass Thru  
Sides Pass Thru  
Everybody Promenade 1/2 way  
Join your hands, Circle Left  
Circle Right  
Circle Left  
Face your Partner, Dosado

Face your Corner, Allemande Left  
Grand Right and Left  
Meet your partner, Promenade  
Get Back Home

- 4) 1 and 2 Forward and Back  
1 and 2 Dosado  
3 and 4 Forward and Back  
3 and 4 Dosado  
1 and 3 Forward and Back  
1 and 3 Dosado  
2 and 4 Forward and Back  
2 and 4 Dosado  
Face your Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 5) Join your hands, Circle Left  
Face your Partner, Dosado  
Face your Corner, Dosado  
Pass Thru  
次の向かい合った人と Dosado  
Pass Thru  
次の向かい合った人と Dosado  
Pass Thru  
次の向かい合った人と Dosado  
Pass Thru  
Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 6) Sides Pass Thru  
Promenade 1/2 way  
Heads Pass thru  
Promenade 1/2 way  
Join your hands, Circle Left  
Everybody Forward and Back  
Face your Partner, Dosado  
Face your Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home  
Bow to your Partner  
Bow to your Corner

**【4】 SINGING CALL (シンギングコール)**

“You Are My Sunshine”

《Opener》

(オープナー)

Circle Left

みんなで前進後退 Forward and Back

Corner (左手) Allemande Left

Grand Right and Left

Dosado

Promenade

《Figure (フィギュア) ① ②》

Heads Forward and Back

Heads Dosado

Sides Forward and Back

Sides Dosado

Face your Corner, Allemande Left

Partner, Dosado

Promenade

《Middle Break/Closer》

(ミドルブレイク/クローザー)

Circle Left

Everybody Forward and Back

Face your Corner, Allemande Left

Grand Right and Left

Dosado

Promenade

《Figure (フィギュア) ③ ④》

Sides Pass Thru

Promenade 1/2 way

Get back home

Heads Pass Thru

Promenade 1/2 way

Get back home

Face your Corner, Allemande Left

Partner, Dosado

Promenade

《Tag (タグ)》

Bow to your Partner

Bow to your Corner

CALLER (コーラー): 荒木 義昭

**[5] PATTERN CALL (パターンコール)**

- 1) Bow to your Partner  
Bow to your Corner  
Join hands, Circle Left  
Reverse, Circle Right  
Get Back Home

Boys Forward and Back

Girls Forward and Back

Join hands, Circle Left

Corner, Allemande Left

Dosado your Partner

Promenade Partner

Get Back Home

- 2) Girls Forward and Back  
Girls join hands, Circle Left inside  
Get back home  
Boys Forward and Back  
Boys join hands, Circle Left inside  
Get back home  
Join hands, Circle Left  
Corner, Allemande Left  
Promenade  
Get Back Home
- 3) Beautiful Girls only Forward and Back  
Handsome Boys only Forward and Back  
Heads Forward and Back  
Sides Forward and Back  
Face your Corner, Dosado  
Face your Partner, Dosado  
Corner, Allemande Left  
Partner, Promenade  
Get Back Home
- 4) Heads Forward and Back  
Heads Dosado  
Sides Forward and Back  
Sides Dosado  
Corner, Allemande Left  
Right and Left Grand  
Dosado your Partner  
Promenade  
Get Back Home
- 5) Heads Promenade outside 1/2 way  
Sides (中に入って) Dosado  
Sides Promenade 1/2 way  
Heads(中に入って) Dosado  
Join hands, Circle Left  
Corner, Allemande Left  
Right and Left Grand  
Partner, Promenade  
Get Back Home
- 6) Heads Forward and Back  
Heads Promenade 1/2 way

Sides Dosado  
Sides Promenade 1/2 way  
Heads Dosado  
Heads Promenade 1/2 way  
Sides Dosado  
Sides Promenade 1/2 way  
Corner, Allemande Left  
Partner, Promenade  
Get Back Home

- 7) Heads Dosado  
Heads Promenade 1/2 way  
Sides Dosado  
Sides Promenade 1/2 way  
Join hands, Circle Left  
Corner, Allemande Left  
Grand Right and Left  
Partner, Promenade  
Get Back Home
- 8) Heads Forward & Back  
Heads Promenade 1/2 way  
Sides Promenade 1/2 way  
Heads Pass thru  
Sides Dosado  
Sides Pass thru  
Everyone(全員) Face your Partner  
Pass thru  
Corner, Allemande Left  
Right and Left Grand  
Partner, Promenade  
Get Back Home  
Bow to your Partner  
Bow to your Corner

**【6】 SINGING CALL (シンギングコール)**

“Amazing Grace ”

《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)  
Circle left  
Corner 見つけて, Allemande left  
Partner, Dosado  
Partner, Grand ol' Right and Left  
Look for the Partner, Promenade

《Figure (フィギュア) ① ②》  
Heads Dosado  
Heads Promenade 1/2 way  
Sides Dosado  
Sides Promenade 1/2 way  
Corner 見つけて, Allemande Left

Promenade

《Figure (フィギュア) ③④》  
Heads Forward & Back  
Heads Join Hands, Circle Left Inside  
Get Back Home  
Sides Forward & Back  
Sides Join Hands, Circle Left Inside  
Get Back Home  
Corner 見つけて, Allemande left  
Promenade

《Tag (タグ)》  
Bow to the Partner  
Bow to the Corner

**CALLER (コーラー): 篠ヶ谷 紀子**

**【7】 PATTERN CALL (パターンコール)**

- 1) Bow to the Partner  
Bow to the Corner  
Join Hands, Circle Left  
Reverse Back, Circle Right  
Get Back Home
- 2) Everybody Allemande Left Corner  
Grand Right and Left  
Partner, Promenade  
Get Back Home
- 3) Join Hands, Circle Left  
Reverse Back, Circle Right  
Everybody Forward and Back  
Partner, Dosado  
Corner, Allemande Left  
Grand Right and Left  
Partner, Promenade  
Get Back Home
- 4) Heads Forward and Back  
Heads Pass Thru  
Promenade 1/2 way  
Sides Forward and Back  
Sides Pass Thru  
Promenade 1/2 way  
Everybody Circle Left  
Allemande Left Corner  
Grand Right and Left  
Dosado

Promenade  
Get Back Home

- 5) Heads Forward and Back  
Dosado  
Pass Thru  
Promenade 1/2 way  
Sides Forward and Back  
Dosado  
Pass Thru  
Promenade 1/2 way  
全員 Allemande Left  
Grand Right and Left  
Partner, Promenade  
Get Back Home
- 6) Sides Forward and Back  
Dosado  
Heads Forward and Back  
Dosado  
Sides Pass Thru  
Promenade 1/2 way  
Heads Pass Thru  
Promenade 1/2 way  
Everybody Circle Left  
Allemande Left Corner  
Grand Right and Left  
Partner, Dosado  
Promenade  
Get Back Home
- 7) Sides Forward and Back  
Pass Thru  
Heads Forward and Back  
Pass Thru  
Everybody Promenade 1/2 way  
Get Back Home  
Bow to the Partner  
Bow to the Corner

**【8】 SINGING CALL (シンギングコール)**

“Sweet Little Sheila”

《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)  
Circle Left  
Allemande Left your Corner  
Dosado  
Allemande Left Corner  
Grand Right and Left  
Partner, Dosado

Promenade

《Figure (フィギュア) ① ②》

Heads Forward and Back  
Pass Thru  
Promenade 1/2 way  
Sides Forward and Back  
Pass Thru  
Promenade 1/2 way  
Corner, Allemande Left  
Partner, Dosado  
Promenade

《Figure (フィギュア) ③ ④》

Sides Forward and Back  
Pass Thru  
Promenade 1/2 way  
Heads Forward and Back  
Pass Thru  
Promenade 1/2 way  
Allemande Left your Corner  
Partner, Dosado  
Promenade

《Tag (タグ)》

Bow to your Partner  
Bow to your Corner

**CALLER (コーラー): 大川 康太郎**

**【9】 PATTERN CALL (パターンコール)**

- 1) Bow to your Partner  
Bow to your Corner  
Join Hands, Circle Left  
Everybody Forward and Back  
Circle Right  
Everybody Forward and Back  
Circle Left  
Face your Corner, Allemande Left  
Partner, Right and Left Grand  
Promenade  
Get Back Home
- 2) Heads Forward and Back  
Heads Dosado  
Sides Forward and Back  
Sides Dosado  
Everybody Join Hands, Circle Left  
Face your Corner, Allemande Left

Partner, Right and Left Grand  
Partner, Promenade  
Get Back Home

- 3) Heads Forward and Back  
Heads Pass Thru  
Heads Promenade 1/2 way  
Sides Forward and Back  
Sides Pass Thru  
Sides Promenade 1/2 way  
Join Hands, Circle Left  
Face your Corner, Allemande Left  
Partner, Right and Left Grand  
Promenade  
Get Back Home

- 4) Join Hands, Circle Left  
Everybody Forward and Back  
Circle Right  
Everybody Forward and Back  
Circle Left  
Face your Corner, Allemande Left  
Partner, Right and Left Grand  
Promenade  
Get Back Home

- 5) Sides Forward and Back  
Sides Promenade all way round  
Heads Forward and Back  
Heads Promenade all way round  
Everybody Join Hands, Circle Left  
Everybody Forward and Back  
Circle Right  
Everybody Forward and Back  
Circle Left  
Face your Corner, Allemande Left  
Partner, Right and Left Grand  
Promenade  
Get Back Home

- 6) Everybody Forward and Back  
All 4 Boys Forward and Back  
All 4 Girls Forward and Back  
Bow to your Partner  
Bow to your Corner

**【10】 SINGING CALL (シンギングコール)**

“Grandpa”

《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)

Circle Left  
Allemande Left your Corner  
Dosado  
Allemande Left  
Right and Left Grand  
Dosado  
Promenade

《Figure (フィギュア) ① ②》  
Heads Pass Thru  
Heads Promenade 1/2 way  
Sides Pass Thru  
Sides Promenade 1/2 way  
Allemande Left your Corner  
Dosado  
Everybody Promenade

《Figure (フィギュア) ③ ④》  
Sides Pass Thru  
Promenade 1/2 way  
Heads Pass Thru  
Promenade 1/2 way  
Allemande Left your Corner  
Dosado  
Everybody Promenade

CALLER (コーラー): 森口 久江

**【11】 PATER CALL (パターコール)**

- 1) Bow to your Partner  
Bow to your Corner  
Everybody Circle Left  
Forward and Back  
Circle Right  
Forward and Back  
Face your Corner, Allemande Left  
Partner, Dosado  
Corner, Allemande Left  
Grand Right and Left  
Meet your partner, Dosado  
Promenade  
Get Back Home

- 2) Heads Forward and Back  
Heads Dosado  
Sides Forward and Back  
Sides Dosado  
Head Boys Dosado  
Head Girls Forward and Back

- Side Girls Forward and Back  
Side Boys Dosado  
Allemande Left your Corner  
Grand Right and Left  
Meet your partner Promenade  
Get Back Home
- 3) 1 and 3 Promenade 1/2 way  
2 and 4 Promenade 1/2 way  
Join your hands, Circle Left  
Allemande Left  
Partner, Dosado  
Grand Right and Left  
Meet your partner, Promenade  
Get Back Home
- 4) Heads Forward and Back  
Heads Pass Thru  
Promenade 1/2 way  
Sides Forward and Back  
Sides Pass Thru  
Promenade 1/2 way  
Allemande Left  
Right and Left Grand  
Meet your partner, Promenade  
Get Back Home
- 5) Sides Promenade 1/2 way  
Heads Dosado  
Sides Dosado  
Heads Promenade 1/2 way  
Corner, Allemande Left  
Partner, Dosado  
Join your hands, Circle Left  
Get Back Home
- 6) 1 & 3 Promenade (一周) all the way  
Sides Forward and Back  
Pass Thru  
Promenade 1/2 way  
Allemande Left  
Grand Right and Left  
Meet your partner, Promenade  
Get Back Home
- 7) Sides Promenade (一周) all the way  
Heads Forward and Back  
Pass Thru  
Promenade 1/2 way  
Face your partner, Dosado  
Face your corner, Allemande Left

Grand Right and Left  
Promenade  
Get Back Home

- 8) Join Hands, Circle Left  
Reverse, Circle Right  
Boys Forward and Back  
Girls Forward and Back  
Circle Left  
Everybody Forward and Back  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home  
Bow to your Partner  
Bow to your Corner

## 【12】 SINGING CALL (シンギングコール)

“My Bonny”

《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)  
Circle Left  
Boys Forward and Back  
Girls Forward and Back  
Allemande Left Corner  
Right and Left Grand  
Dosado  
Promenade

《Figure (フィギュア) ① ②》  
Heads Forward and Back  
Pass Thru  
Promenade 1/2 way  
Sides Forward and Back  
Pass Thru  
Promenade 1/2 way  
Allemande Left  
Partner, Dosado  
Promenade

《Figure (フィギュア) ③ ④》  
Sides Forward and Back  
Pass Thru  
Promenade 1/2 way  
Heads Forward and Back  
Pass Thru  
Promenade 1/2 way  
Allemande Left  
Partner, Dosado  
Promenade



《Tag (タグ)》

Bow to your Partner  
Corner too

## スクエアダンス体験教室

### 第 1 回講習 (Pattern #1)

CALLER (コーラー): 若松 真紀子

#### 【13】PATTER CALL (パターコール)

- 1) Bow to your Partner  
Bow to your Corner  
Join your hands, Circle Left  
Everybody Forward and Back  
Face your Partner, Dosado  
Face your Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 2) Heads Forward and Back  
Sides Forward and Back  
Heads Left Hand Star  
Get back home  
Sides Forward and Back  
Sides Left Hand Star  
Get back home  
Heads Right Hand Star  
Get back home  
Sides Right Hand Star  
Go to the Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 3) Join your hands, Circle Left  
Face your Corner, Allemande Left  
Face your Partner, Allemande Right  
Face your Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 4) Heads Forward and Back  
Heads Right Hand Star

Back by the Left, Left Hand Star  
Face your Corner, Dosado  
Face your Partner, Dosado  
Face your Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Dosado  
Promenade  
Get Back Home

- 5) Join your hands, Circle Left  
Everybody Forward and Back  
Circle Right  
Boys Star Left  
Meet your Partner, Allemande Right  
Go to the Corner, Allemande Left  
Partner, Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 6) Heads Make a Left Hand Star  
Go to the Corner, Dosado  
Everybody(その4人で)Right Hand Star  
Heads Star Left inside  
Get back home  
Sides Left Hand Star  
Go to the Corner, Dosado  
Everybody(その4人で)Right Hand Star  
Sides Star Left inside  
Get Back Home
- 7) Join your hands, Circle Left  
Everybody Forward and Back  
Face your Corner, Allemande Left  
Face your Partner, Allemande Right  
Face your Corner, Allemande Left  
Grand Right and Left  
Meet your Partner Dosado  
Promenade  
Get Back Home  
Bow to your Partner  
Bow to your Corner

#### 【14】SINGING CALL (シンギングコール)

“Hungry Heart”

《Opener/Middle Break/Closer》

(オープナー/ミドルブレイク/クローザー)

Circle Left  
Boys Star Right  
Allemande Left your Corner  
Grand Right and Left

Dosado  
Promenade

《Figure (フィギュア) ① ②》

Heads Left Hand Star  
Get back home  
Sides Right Hand Star  
Go to the Corner, Allemande Left  
Allemande Right your Partner  
Allemande Left your Corner  
Partner, Dosado  
Promenade

《Figure (フィギュア) ③ ④》

Sides Left Hand Star  
Get back home  
Heads Right Hand Star  
Go to the Corner, Allemande Left  
Allemande Right your Partner  
Allemande Left your Corner  
Partner, Dosado  
Promenade

《Tag (タグ)》

Bow to your Partner  
Corner too!

CALLER (コーラー): 大川 康太郎

【15】 PATTERN CALL (パターンコール)

- 1) Bow to your Partner  
Bow to your Corner  
Join Hands, Circle Left  
Face your Corner, Allemande Left  
Partner, Dosado  
Boys Star Left One Time  
Partner, Allemande Right  
Allemande Left Corner  
Partner, Right and Left Grand  
Promenade  
Get Back Home
- 2) Join Hands, Circle Left  
Boys Star Right  
Allemande Left Corner  
Grand Right and Left  
Partner, Dosado  
Boys Star Left One Time  
Meet Partner, Allemande Right

Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home

- 3) Heads Forward and Back  
Head Couples Right Hand Star  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 4) Sides Right Hand Star  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 5) Join Hands, Circle Left  
Allemande Left Corner  
Partner, Dosado  
Boys Star Left One Time  
Partner, Allemande Right  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 6) Heads Forward and Back  
Heads Right Hand Star  
Allemande left Corner  
Grand Right and Left  
Dosado  
Boys Star Left One Time  
Allemande Right your Partner  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 7) Sides Forward and Back  
Sides Right Hand Star  
Allemande Left Corner  
Partner, Right and Left Grand  
Promenade  
Get Back Home
- 8) Join Hands Circle Left  
Everybody Forward and Back  
Circle Right  
Everybody Forward and Back

Circle Left  
Allemande Left Corner  
Partner, Dosado  
Boys Star Left One Time  
Allemande Right Partner  
Allemande Left Corner  
Grand Right and Left  
Promenade Partner  
Get Back Home

- 9) Everybody Forward and Back  
Bow to your Partner  
Bow to your Corner

**【16】 SINGING CALL (シンギングコール)**

“Just a Kiss”

《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)  
Circle Left  
Boys Star Right One Time  
Allemande Left your Corner  
Grand Right and Left  
Dosado  
Promenade


《Figure (フィギュア) ①》  
Heads Forward and Back  
Make Right Hand Star One Time  
Sides Forward and Back  
Make Right Hand Star One Time  
Allemande Left  
Promenade

《Figure (フィギュア) ②》  
Heads Forward and Back  
Make Right Hand Star One Time  
Sides Forward and Back  
Make Right Hand Star One Time  
Allemande Left  
Dosado  
Promenade

《Figure (フィギュア) ③》  
Sides Make Right Hand Star One Time  
Heads Make Right Hand Star One Time  
Allemande Left  
Dosado  
Allemande Left  
Promenade

《Figure (フィギュア) ④》  
Sides Forward and Back  
Make Right Hand Star One Time  
Heads Forward and Back  
Make Right Hand Star One Time  
Allemande Left  
Promenade

《Tag (タグ)》  
Bow to your Partner  
Bow to your Corner

  
CALLER (コーラー): 篠ヶ谷 紀子

**【17】 PATTERN CALL (パターコール)**

- 1) Bow to the Partner  
Bow to the Corner  
Join Hands, Circle Left  
4 Boys Star Right  
Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 2) Join Hands, Circle Left  
Reverse Back, Circle Right  
4 Boys Star Left  
Partner, Dosado  
Promenade  
Get Back Home
- 3) Join Hands, Circle Right  
Partner, Allemande Right  
Allemande Left your Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 4) Heads Pass Thru  
Promenade 1/2 way  
Sides Pass Thru  
Promenade 1/2 way  
Allemande Left your Corner  
Allemande Right your Partner  
Allemande Left your Corner  
Grand Right and Left  
Promenade  
Get Back Home

- 5) Heads Left Hand Star  
To the Corner Right Hand Star  
Heads Left Hand Star  
Corner, Dosado  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 6) Sides Left Hand Star  
To the Corner, Right Hand Star  
Sides Star by the Left  
Corner, Dosado  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 7) Boys Star Right  
Reverse Back, Star by the Left  
Partner, Allemande Right  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 8) 4 Girls Star Left  
Reverse Back, Star by the Right  
Partner, Dosado  
Join Hands, Circle Left  
Boys Star Right  
Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home  
Bow to the Partner  
Bow to the Corner

**【18】 SINGING CALL (シンギングコール)**

“Hey Soul Sister”

《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)

Circle Left  
4 Boys Star Right  
Allemande Left  
Grand Right and Left  
Dosado  
Promenade

《Figure (フィギュア) ① ②》

Heads Make a Left Hand Star  
To the Corner, Right Hand Star  
Heads Star by the Left  
Corner, Dosado  
Allemande Left your Corner  
Partner, Dosado  
Promenade

《Figure (フィギュア) ③》

Heads Make a Left Hand Star  
Corner, Right Hand Star  
Heads Star Left  
Dosado  
Allemande Left your Corner  
Partner, Dosado  
Promenade

《Figure (フィギュア) ④》

Sides Make a Left Hand Star  
To the Corner, Right Hand Star  
Sides Star by the Left  
Corner, Dosado  
Allemande Left your Corner  
Partner, Dosado  
Promenade

《Tag (タグ)》

Bow To the Partner  
Bow To the Corner

## スクエアダンス体験教室

### 第2回講習 (Pattern #2)

CALLER (コーラー): 荒木 義昭

**【19】 PATTEN CALL (パターコール)**

- 1) Bow to your Partner  
Bow to your Corner  
Heads Promenade 1/2 way  
Sides Dosado  
Sides Promenade 1/2 way  
Heads Dosado  
Join hands, Circle Left  
Allemande Left  
Grand ol' Right and Left  
Promenade  
Get Back Home

- 2) Heads Forward and Back  
 Heads Pass thru  
 Heads California Twirl  
 Sides Forward and Back  
 Sides Pass thru  
 Sides California Twirl  
 Join hands, Circle Left  
 Corner, Allemande Left  
 Grand Right and Left  
 Promenade  
 Get Back Home
- 3) Heads Forward and Back  
 Heads Promenade 1/2 way  
 Sides Forward and Back  
 Sides Promenade 1/2 way  
 Heads Pass thru  
 Half Sashay  
 Sides Pass thru  
 Half Sashay  
 Everyone(全員) U-Turn Back  
 Corner, Allemande Left  
 Grand Right and Left  
 Partner, Promenade  
 Get Back Home
- 4) Heads Forward and Back  
 Heads Half Sashay  
 Sides Forward and Back  
 Sides Half Sashay  
 Heads Pass thru  
 Sides Pass thru  
 Look for the Corner (コーナー見つけて)  
 Allemande Left  
 Right and Left Grand  
 Partner, Promenade  
 Get Back Home
- 5) Heads Pass thru  
 California Twirl  
 Sides Pass thru  
 California Twirl  
 Join hands, Circle Left  
 Heads Forward and Back  
 Heads Star thru  
 Heads California Twirl  
 Look for the Corner (コーナー見つけて)  
 Allemande Left  
 Right and Left Grand  
 Promenade

- Get Back Home
- 6) Heads Promenade 1/2 way  
 Sides Half Sashay  
 Sides Star thru  
 Dosado  
 Star thru, Make a line  
 Forward and Back  
 Star thru  
 Everyone Half Sashay  
 Pass thru  
 Grand Right and Left  
 Promenade  
 Get Back Home
- 7) Heads Promenade 1/2 way  
 Heads Pass thru  
 Heads California Twirl  
 Sides Promenade 1/2 way  
 Sides Pass thru  
 Sides California Twirl  
 Heads Pass thru  
 Sides Pass thru  
 Face your Partner, Pass thru  
 Corner, Allemande Left  
 Right and Left Grand  
 Promenade your Partner  
 Get Back Home
- 8) Heads Pass thru  
 Half Sashay  
 Sides Pass thru  
 Half Sashay  
 Join hands, Circle Right  
 Hip to the middle and come on out  
 Look for the Corner (コーナー見つけて)  
 Allemande Left  
 Right and Left Grand  
 Promenade  
 Get Back Home  
 Bow to the Partner  
 Bow to the Corner

**【20】 SINGING CALL (シンギングコール)**

“Tennessee Waltz”

《Opener/Middle Break/Closer》  
 (オープナー/ミドルブレイク/クローザー)  
 Circle left  
 Corner, Allemande left  
 Partner, Do Sa Do

Partner, Grand ol' Right and Left  
Dosado  
Promenade

《Figure (フィギュア) ① ②》  
Heads California Twirl  
Heads Promenade 1/2 way  
Sides California Twirl  
Sides Promenade 1/2 way  
Join hands, Circle Left  
Corner, Allemande Left  
Promenade

《Figure (フィギュア) ③ ④》  
Sides Pass thru  
Sides Half Sashay  
Heads Pass thru  
Heads Half Sashay  
Everyone U-Turn Back  
Corner, Allemande Left  
Dosado  
Promenade

《Tag (タグ)》  
Corner, Allemande Left  
Bow to the Partner  
Bow to the Corner

CALLER (コーラー): 森口 久江

【21】 PATTERN CALL (パターンコール)

1) Bow to the Partner  
Bow to the Corner  
Join your Hands, Circle Left  
Everybody Forward and Back  
Allemande Left Corner  
Partner Dosado  
Allemande Left Corner  
Partner, Grand Right and Left  
Promenade  
Get Back Home

2) Heads Promenade 1/2 way  
Down the middle, Pass Thru  
California Twirl  
Sides Promenade 1/2 way  
Down the middle, Pass Thru  
California Twirl  
4 Boys Forward and Back  
Allemande Left

Partner, Grand Right and Left  
Promenade  
Get Back Home

3) Sides Half Sashay  
Sides Forward and Back  
Heads Half Sashay  
Heads Forward and Back  
Sides Pass Thru  
Heads Pass Thru  
Everybody U-Turn Back  
Allemande Left Corner  
Promenade  
Get Back Home

4) Heads Forward and Back  
Pass Thru  
California Twirl  
Sides Promenade 1/2 way  
Sides Half Sashay  
Sides Pass Thru  
U-Turn Back  
Heads Pass Thru  
California Twirl  
Allemande Left  
Partner, Dosado  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home

5) Sides Promenade 1/2 way  
Sides Half Sashay  
Pass Thru  
U-Turn Back  
Heads Dosado  
Join your hands, Circle Left  
Everybody Forward and Back  
Allemande Left  
Partner, Grand Right and Left  
Promenade  
Get Back Home

6) Heads California Twirl  
U-Turn Back  
Pass Thru  
Sides Half Sashay  
Pass Thru  
Everybody U-Turn Back  
Allemande Left  
Partner, Dosado

(Partner と向かい合っ) Pass Thru  
U-Turn Back  
Pass Thru  
Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home

- 7) Join your hands, Circle Left  
Reverse, Circle Right  
Everybody Forward and Back  
Allemande Left  
Partner Dosado  
Corner, Allemande Left  
Partner, Grand Right and Left  
Promenade  
Get Back Home  
Bow to the Partner  
Bow to the Corner

## 【22】 SINGING CALL (シンギングコール)

“Alberta Bound”

《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)  
Four Boys Forward and Back  
Four Girls Forward and Back  
Join Hands, Circle Left  
Allemande Left Corner  
Grand Right and Left  
Dosado  
Promenade

《Figure (フィギュア) ①》  
1 and 3 Promenade 1/2 way  
Down the middle, Pass Thru  
California Twirl  
2 and 4 Promenade 1/2 way  
Down the middle, Pass Thru  
California Twirl  
Boys Forward and Back  
Allemande Left Corner  
Promenade

《Figure (フィギュア) ②》  
2 and 4 Promenade 1/2 way  
Pass Thru  
California Twirl  
1 and 3 Promenade 1/2 way  
Pass Thru  
California Twirl

Girls Forward and Back  
Allemande Left Corner  
Promenade

《Figure (フィギュア) ③》  
Heads Half Sashay  
Pass Thru  
U-turn Back  
Sides Dosado  
Heads Pass Thru  
California Twirl  
Allemande Left Corner  
Dosado  
Allemande Left Corner  
Promenade

《Figure (フィギュア) ④》  
Sides Half Sashay  
Pass Thru  
U-turn Back  
Heads Dosado  
Sides Pass Thru  
California Twirl  
Allemande Left Corner  
Dosado  
Allemande Left Corner  
Promenade

《Tag (タグ)》  
Bow to your Partner  
Corner too

**レビューTip**

第1回目～第2回目講習

CALLER (コーラー): 金子 裕行

## 【23】 PATER CALL (パターコール)

- 1) Bow to your Partner  
Bow to your Corner  
Join your Hands, Circle Left  
(今度は右へ) Circle Right  
(もう一度左へ) Circle Left  
(前進後退) Forward Up and Back  
Corner (左手) Allemande Left  
Partner (右手で) Allemande Right  
Corner, Allemande Left  
Partner, Grand of Right and Left

- Promenade  
Get Back Home
- 2) 4 Ladies Star Left  
4 Ladies Star Right  
Get back home  
4 Boys Star Left  
4 Boys Star Right  
Corner, Allemande Left  
Grand ol' Right and Left  
Promenade  
Get Back Home
- 3) Heads Forward Up and Back  
Pass Thru  
Half Sashay  
U-Turn Back  
Pass Thru  
California Twirl  
Sides Forward Up and Back  
Pass Thru  
Half Sashay  
U-Turn Back  
Pass Thru  
California Twirl  
Corner, Allemande Left  
Grand ol' Right and Left  
Partner, Promenade  
Get Back Home
- 4) Side couples Pass Thru  
Head couples Pass Thru  
Everybody California Twirl  
Heads Pass Thru  
Sides Pass Thru  
Everybody Half Sashay  
U-Turn Back  
Corner, Allemande Left  
Grand ol' Right and Left  
Partner, Promenade  
Get Back Home
- 5) Heads Star Left  
Heads Star by the Right  
Allemande Left Corner  
(Square Set!)  
Sides Star Left  
Sides Star Right  
Corner, Allemande Left  
Partner, Grand ol' Right and Left  
Partner, Promenade

- Get Back Home
- 6) Everybody Half Sashay  
Side couples Pass Thru  
Head couples Pass Thru  
Everybody U-Turn Back  
Heads Pass Thru  
Sides Pass Thru  
Everybody California Twirl  
Corner, Allemande Left  
Partner, Grand ol' Right and Left  
Promenade  
Get Back Home
- 7) Join your Hands, Circle Left  
Reverse Back, Circle Right  
Circle Left  
Everybody Forward Up and Back  
Corner, Allemande Left  
Partner, Allemande Right  
Corner, Allemande Left  
Grand ol' Right and Left  
Promenade  
Get Back Home  
Bow to your Partner  
Bow to your Corner

**【24】 SINGING CALL (シンギングコール)**

“Obladi Oblada”

《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)  
Circle Left  
Boys Star Right  
Corner, Allemande Left  
Grand Right and Left  
Promenade

《Figure (フィギュア) ①》  
Heads Promenade 1/2 way  
Heads Pass Thru  
California Twirl  
Sides Promenade 1/2 way  
Sides Pass Thru  
California Twirl  
Allemande Left  
Promenade

《Figure (フィギュア) ②》  
Heads Promenade 1/2 way  
Heads Pass Thru



Half Sashay  
U-Turn Back  
Sides Promenade 1/2 way  
Sides Pass Thru  
Half Sashay  
U-Turn Back  
Allemande Left  
Promenade

《Figure (フィギュア) ③》  
Sides Promenade 1/2 way  
Sides Pass Thru  
California Twirl  
Heads Promenade 1/2 way  
Heads Pass Thru  
California Twirl  
Allemande Left  
Promenade

《Figure (フィギュア) ④》  
Sides Promenade 1/2 way  
Sides Pass Thru  
Half Sashay  
U-Turn Back  
Heads Promenade 1/2 way  
Heads Pass Thru  
Half Sashay  
U-Turn Back  
Allemande Left  
Promenade

《Tag (タグ)》  
Bow to your Partner  
Bow to the Corner

## スクエアダンス体験教室

### 第3回講習 (Pattern #3)

CALLER (コーラー): 篠ヶ谷 紀子

#### 【25】PATTER CALL (パターコール)

1) Bow to the Partner  
Bow to the Corner  
Heads Promenade 1/2 way  
Heads Pass Thru  
California Twirl

Sides Promenade 1/2 way  
Sides Pass Thru  
California Twirl  
Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home

2) Heads Forward and Back  
Star Thru  
California Twirl  
Star Thru  
Right and Left Thru  
Star Thru  
Find the Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home

3) Sides Forward and Back  
Sides Star Thru  
California Twirl  
Star Thru  
Right and Left Thru  
Star Thru  
Find the Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home

4) Heads Promenade 1/2 way  
Heads Star Thru  
Pass Thru  
Dosado  
Star Thru (with outside two)  
Forward and Back  
Star Thru  
Pass Thru  
California Twirl  
Find the Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home

5) Sides Promenade 1/2 way  
Sides Star Thru  
Pass Thru  
Dosado  
Star Thru  
Forward and Back  
Star Thru

Pass Thru  
California Twirl  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home

- 6) Heads Forward and Back  
Right and Left Thru  
Star Thru  
Pass Thru  
Star Thru  
Forward and Back  
Pass Thru  
California Twirl  
Star Thru  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home

- 7) Sides Forward and Back  
Right and Left Thru  
Star Thru  
Pass Thru  
Star Thru  
Forward and Back  
Pass Thru  
California Twirl  
Star Thru  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home  
Bow to the Partner  
Bow to the Corner

**【26】 SINGING CALL (シンギングコール)**

**“Take My Breath Away”**

《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)

Circle Left  
Allemande Left your Corner  
Dosado  
Allemande Left your Corner  
Grand Right and Left  
Dosado  
Promenade

《Figure (フィギュア) ①》

Heads Star Thru  
California Twirl  
Pass Thru  
California Twirl  
Right and Left Thru  
Star Thru  
Forward and Back  
Right and Left Thru  
Star Thru  
Allemande Left your Corner  
Promenade

《Figure (フィギュア) ②》  
Heads Promenade 1/2 way  
Right and Left Thru  
Star Thru  
California Twirl  
Dosado  
Star Thru  
Right and Left Thru  
Star Thru  
Allemande Left  
Promenade

《Figure (フィギュア) ③》  
Sides Star Thru  
California Twirl  
Pass Thru  
California Twirl  
Right and Left Thru  
Star Thru  
Forward and Back  
Right and Left Thru  
Star Thru  
Allemande Left  
Promenade

《Figure (フィギュア) ④》  
Sides Promenade 1/2 way  
Right and Left Thru  
Star Thru  
California Twirl  
Dosado  
Star Thru  
Right and Left Thru  
Star Thru  
Allemande Left  
Promenade

《Tag (タグ)》  
Allemande Left your Corner

Bow to the Partner  
Bow to the Corner

CALLER (コーラー):金子 裕行

**【27】 PATTERN CALL (パターンコール)**

- 1) Bow to the Partner  
Bow to the Corner  
Join your Hands, Circle Left  
(前進後退) Forward Up and Back  
Corner, Allemande Left  
Partner, Dosado  
Corner, Allemande Left  
Partner, Grand Right and Left  
Promenade  
Get Back Home
- 2) Heads Forward Up and Back  
Right and Left Thru  
Pass Thru  
California Twirl  
Sides Forward Up and Back  
Right and Left Thru  
Pass Thru  
California Twirl  
Corner, Allemande Left  
Partner, Grand Ol' Right and Left  
Promenade  
Get Back Home
- 3) Sides Forward Up and Back  
Pass Thru  
California Twirl  
Star Thru  
Pass Thru  
Right and Left Thru  
Star Thru  
Forward Up and Back  
Star Thru  
Corner, Allemande Left  
Grand Ol' Right and Left  
Promenade  
Get Back Home
- 4) Heads Forward Up and Back  
Heads Pass Thru  
California Twirl  
Star Thru  
Pass Thru

Right and Left Thru  
Star Thru  
Forward Up and Back  
Star Thru  
(目の前) Corner, Allemande Left  
Grand Ol' Right and Left  
Promenade  
Get Back Home

- 5) Side couples Forward Up and Back  
Star Thru  
Pass Thru  
Star Thru  
Right and Left Thru  
Pass Thru  
California Twirl  
Star Thru  
Pass Thru  
Outsides(外の人だけ) California Twirl  
Centers Pass Thru  
Allemande Left  
Grand Ol' Right and Left  
Promenade  
Get Back Home
- 6) Head couples Forward Up and Back  
Star Thru  
Pass Thru  
Star Thru  
Right and Left Thru  
Pass Thru  
California Twirl  
Star Thru  
Pass Thru  
Centers Pass Thru  
Outsides California Twirl  
Allemande Left  
Grand Ol' Right and Left  
Promenade  
Get Back Home
- 7) Join Hands, Circle Left  
(前進後退) Forward Up and Back  
Corner, Allemande Left  
Partner, Dosado  
Corner, Allemande Left  
Grand Ol' Right and Left  
Promenade  
Get Back Home  
Everybody Forward Up and Hey Hey Hey!  
Bow to the Partner

Bow to the Corner

**【28】 SINGING CALL (シンギングコール)**

“Sea Of Love”

《Opener/Middle Break/Closer》

(オープナー/ミドルブレイク/クローザー)

Circle Left

Corner, Allemande Left

Partner, Dosado

Corner, Allemande Left

Grand ol' Right and Left

Promenade

《Figure (フィギュア) ①》

Heads Right and Left Thru

Star Thru

Pass Thru

Right and Left Thru

Star Thru

Forward and Back

Star Thru

Allemande Left your Corner

Grand ol' Right and Left

Promenade

《Figure (フィギュア) ②》

Heads Star Thru

Pass Thru

Right and Left Thru

Pass Thru

Outsides California Twirl

Centers Pass Thru

Allemande Left

Grand ol' Right and Left

Promenade

《Figure (フィギュア) ③》

Sides Right and Left Thru

Star Thru

Pass Thru

Right and Left Thru

Star Thru

Forward and Back

Star Thru

Allemande Left

Grand ol' Right and Left

Promenade

《Figure (フィギュア) ④》

Sides Star Thru

Pass Thru

Right and Left Thru

Pass Thru

Outside California Twirl

Center Pass Thru

Allemande Left

Grand ol' Right and Left

Promenade

《Tag (タグ)》

Bow to the Partner

Bow to the Corner

**レビューTip**

第1回目～第3回目講習

CALLER (コーラー): 若松 真紀子

**【29】 PATTERN CALL (パターンコール)**

- 1) Bow to your Partner  
Bow to your Corner  
Join your Hands, Circle Left  
4 Boys Star Right  
Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 2) Heads Forward and Back  
Heads Pass Thru  
Half Sashay  
Sides Forward and Back  
Sides Pass Thru  
Half Sashay  
Everybody U-Turn Back  
Join your hands, Circle Left  
Face your Corner, Allemande Left  
Face your Partner, Allemande Right  
Face your Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 3) Sides Make a Left Hand Star  
Go to the Corner, Dosado  
Right & Left Thru  
Pass Thru  
Outsides California Twirl

- Centers Right and Left Thru  
Centers Pass Thru  
Allemande Left Corner  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 4) Heads Forward and Back  
Heads Right and Left Thru  
Heads Star Thru  
Pass Thru  
Dosado  
Star Thru, Make a Line  
Forward and Back  
Right and Left Thru  
Star Thru  
Allemande Left your Corner  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 5) Sides Forward and Back  
Sides Star Thru  
California Twirl  
Dosado  
Right and Left Thru  
Half Sashay  
Pass Thru  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 6) Join your Hands, Circle to the Left  
Everybody Forward and Back  
Face your Corner, Allemande Left  
Partner, Dosado  
Face your Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 7) Heads Forward and Back  
Heads Star Thru  
California Twirl  
Dosado  
Pass Thru  
U-Turn Back  
Pass Thru  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 8) Sides Forward and Back  
Sides Pass Thru  
Promenade 1/2 way  
Sides Star Thru  
California Twirl  
Pass Thru  
Everybody California Twirl  
Pass thru  
Centers Right and Left Thru  
Outsides California Twirl  
Centers Pass Thru  
Allemande Left Corner  
Right and Left Grand  
Meet your Partner, Promenade  
Get Back Home
- 9) Heads Left Hand Star  
Go to the Corner, Dosado  
Right and Left Thru  
Pass Thru  
Outsides(外側だけ) California Twirl  
Centers Right and Left Thru  
Centers Pass Thru  
Allemande Left your Corner  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 10) Join your Hands, Circle to the Left  
Allemande Left  
Partner, Grand Right and Left  
Meet your Partner, Dosado  
Promenade  
Get Back Home  
Bow to your Partner  
Bow to your Corner
- 【30】 SINGING CALL (シンギングコール)**  
“Country Boy”  
《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)  
Circle Left  
Allemande Left your Corner  
Dosado  
Allemande Left your Corner  
Grand Right and Left  
Dosado  
Promenade

《Figure (フィギュア) ① ②》

Heads Pass Thru  
U-Turn Back  
Star Thru  
Dosado  
Right and Left Thru  
Half Sashay  
Pass Thru  
Allemande Right your Partner  
Allemande Left your Corner  
Partner, Promenade

《Figure (フィギュア) ③ ④》

Sides Pass Thru  
U-Turn Back  
Star Thru  
Dosado  
Right and Left Thru  
Half Sashay  
Pass Thru  
Allemande Right your Partner  
Allemande Left your Corner  
Partner Promenade

《Tag (タグ)》

Bow to your Partner  
Bow to your Corner

## スクエアダンス体験教室

### 第4回講習 (Pattern #4)

CALLER (コーラー): 大川 康太郎

#### 【31】PATTER CALL (パターコール)

- 1) Bow to your Partner  
Bow to your Corner  
Sides Face, Grand Square  
Join Hands, Circle Left  
Reverse Back, Single File (Promenade)  
Get Back Home
- 2) Heads Forward and Back  
Sides Forward and Back  
All 4 Boys Promenade Inside  
Get Back Home  
Swing

Join Hands, Circle Left  
Allemande Left to the Corner  
Grand Right and Left  
(Home)

- 3) All 4 Girls Promenade Inside  
Get Back Home  
Swing  
Join Hands, Circle Left  
Allemande Left to the Corner  
Grand Right and Left  
Promenade  
(Home)
- 4) Heads Forward and Back  
Sides Forward and Back  
Join Hands, Circle Left  
Reverse Back, Single File Promenade  
Get Back Home
- 5) Sides Face, Grand Square  
Join Hands, Circle Left  
Reverse Back, Single File (Promenade)  
Get Back Home
- 6) Boys Promenade Inside  
Get Back Home  
Swing  
Join Hands, Circle Left  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 7) 4 Girls Promenade Inside  
Get Back Home  
Swing  
Join Hand, Circle Left  
Allemande Left to the Corner  
Grand Right and Left  
Promenade  
(Home)
- 8) Sides Face, Grand Square  
Join Hands, Circle Left  
Everybody Forward and Back  
Circle Right  
Everybody Forward and Back  
Circle Left  
Allemande Left to the Corner  
Grand Right and Left

Promenade  
Get Back Home

- 9) Heads Face, Grand Square  
Bow to your Partner  
Bow to your Corner

**【32】 SINGING CALL (シンギングコール)**

“Everybody Love Somebody Sometime”

《Opener/Closer (オープナー/クローザー)》

Sides Face, Grand Square  
4 Boys Promenade one time  
Get Back Home and Swing  
Promenade

《Figure (フィギュア) ① ②》

Heads Promenade all way  
Sides Promenade all way  
4 Girls Promenade Inside  
Get Back Home and Swing  
Promenade

《Middle Break (ミドルブレイク)》

Sides Face, Grand Square  
Join Hands, Circle Left  
Allemande Left Corner  
Promenade

《Figure (フィギュア) ③ ④》

Sides Promenade all way  
Heads Promenade all way  
4 Girls Promenade Inside  
Get Back Home and Swing  
Promenade

《Tag (タグ)》

Bow to your Partner  
Bow to your Corner

CALLER (コーラー): 森口 久江

**【33】 PATTERN CALL (パターンコール)**

- 1) Bow to your Partner  
Bow to your Corner  
Sides Face, Grand Square  
Join your hands, Circle Left  
Allemande Left Corner  
Grand Right and Left

Meet your Partner, Swing  
Promenade  
Get Back Home

- 2) Boys Forward and Back  
Boys Single File Promenade Inside  
Get Back Home  
Girls Forward and Back  
Girls Promenade Inside  
Meet your Partner, Swing  
Join your hands, Circle Left  
Allemande Left Corner  
Partner, Right and Left Grand  
Meet your Partner, Swing  
Promenade  
Get Back Home

- 3) Sides Forward and Back  
Sides Dosado  
Sides Pass Thru  
Promenade 1/2 way  
Heads Face, Grand Square  
Allemande Left Corner  
Partner, Swing  
(Home)

- 4) Head Girls Forward and Back  
Head Girls Dosado  
Side Girls Forward and back  
Side Girls Dosado  
4 Boys Promenade inside  
Partner, Swing  
Join your hands, Circle Left  
Reverse, Circle Right  
Single File Promenade  
Get Back Home

- 5) Side Boys Forward and Back  
Sides Dosado  
Pass Thru  
Promenade 1/2 way  
Heads Forward and Back  
Pass Thru  
Promenade 1/2 way  
4 Boys Promenade inside  
Meet your Partner, Swing  
Corner, Allemande Left  
Right and Left Grand  
Partner, Swing  
Promenade  
Get Back Home

- 6) Sides Face, Grand Square  
 Allemande Left Corner  
 Partner, Swing  
 Bow to your Partner  
 Bow to your Corner

**【34】 SINGING CALL (シンギングコール)**

“Rock'n In Rosalie's Boat”

《Opener (オープナー)》  
 4 Ladies Promenade  
 Swing  
 Join your hands, Circle Left  
 Allemande Left  
 Right and Left Grand  
 Dosado  
 Promenade

《Figure (フィギュア) ①》  
 Heads Pass Thru  
 Promenade 1/2 way  
 Sides Pass Thru  
 Promenade 1/2 way  
 Allemande Left Corner  
 Dosado  
 Allemande Left Corner  
 Promenade

《Figure (フィギュア) ②》  
 Heads Promenade 1/2 way  
 Dosado  
 Sides Promenade 1/2 way  
 Circle Left  
 Allemande Left Corner  
 Dosado  
 Promenade

《Middle Break (ミドルブレイク)》  
 Sides Face, Grand Square  
 4 Girls Promenade  
 Swing  
 Promenade

《Figure (フィギュア) ③》  
 Sides Forward and Back  
 Pass Thru  
 Promenade 1/2 way  
 Heads Forward and Back  
 Pass Thru  
 Promenade 1/2 way

Allemande Left Corner  
 Dosado  
 Swing  
 Promenade

《Figure (フィギュア) ④》  
 Sides Face, Grand Square  
 Allemande Left Corner  
 Dosado  
 Promenade

《Closer (クローザー)》  
 Sides Face, Grand Square  
 4 Boys Promenade  
 Get Back Home and Swing  
 Promenade

《Tag (タグ)》  
 Partner, Swing

**レビューTip**

第1回目～第4回目講習

CALLER (コーラー): 荒木 義昭

**【35】 PATTERN CALL (パターンコール)**

- 1) Bow to your Partner  
 Bow to your Corner  
 Join hands, Circle Left  
 Boys Star Right  
 Corner, Allemande Left  
 Promenade  
 Get Back Home
- 2) 4 Girls Promenade inside  
 Get back home and Swing  
 Join hands, Circle Left  
 Sides Forward and Back  
 Heads Forward and Back  
 Heads make a Right Hand Star  
 Corner, Allemande Left  
 Promenade  
 Get Back Home
- 3) Heads Star Thru  
 California Twirl  
 Dosado  
 Star Thru



- Make a Line, Forward and Back  
Pass Thru  
Half Sashay  
U-Turn Back  
Star Thru  
Corner, Allemande Left  
Promenade  
Get Back Home
- 4) Heads make a Left Hand Star  
Corner Dosado  
Right and Left Thru  
Half Sashay  
Pass Thru  
Grand Right and Left  
Swing your Partner  
Promenade  
Get Back Home
- 5) Heads Star Thru  
California Twirl  
Dosado  
Make a Right Hand Star once around  
Girls U-turn Back  
Corner, Allemande Left  
Promenade  
Get Back Home
- 6) Heads Star Thru  
California Twirl  
Dosado  
Right and Left Thru  
Pass Thru  
Centers(中の4人だけ)Half Sashay  
Centers make a Right Hand Star  
外側のカプル California Twirl  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 7) 4 Girls Promenade Inside  
Back home  
Swing your Partner  
4 Boys Promenade Inside  
Back home  
Swing your Partner  
Join hands, Circle Left  
Boys make a Right Hand Star  
Corner, Allemande Left  
Promenade

Get Back Home

- 8) Sides Face, Grand Square  
Heads Face, Grand Square  
Sides Forward and Back  
Sides make a Right Hand Star  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home  
Bow to your Partner  
Bow to your Corner

**【36】 SINGING CALL (シンギングコール)**

“Stand By Me”

《Opener (オープナー)》

Circle Left  
Allemande left that Corner  
Dosado  
Allemande Left  
Grand Right and Left  
Promenade

《Figure (フィギュア) ① ②》

Heads Promenade 1/2 way  
Heads Star Thru  
Centers Pass Thru  
Right and Left Thru  
Half Sashay  
Dosado  
Pass thru  
Partner, Swing  
Promenade

《Middle Break/Closer》

(ミドルブレイク/クローザー)  
Sides Face, Grand Square  
Corner, Allemande left  
Grand Right and Left  
Partner, Promenade

《Figure (フィギュア) ③ ④》

Sides Star thru  
California Twirl  
Dosado  
Star thru  
Right and Left thru  
Half Sashay  
Star thru  
U- Turn Back

Pass thru  
Swing  
Promenade

《Tag (タグ)》  
Partner, Swing

## スクエアダンス体験教室

### 第5回講習 (Pattern #5)

CALLER (コーラー): 若松 真紀子

【37】 PATTERN CALL (パターンコール)

- 1) Bow to your Partner  
Bow to your Corner  
Join your hands, Circle Left  
Face your Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 2) Heads Forward and Back  
Heads Right and Left Thru  
Star Thru  
Pass Thru  
Inside Arch, Dive Thru  
Centers Pass Thru  
Inside Arch, Dive Thru  
Centers Pass thru  
Allemande Left your Corner  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 3) Sides Forward and Back  
Sides Right and Left Thru  
Star Thru  
Pass Thru  
Dosado  
Right and Left Thru  
Inside Arch, Dive Thru  
Centers Right and Left Thru  
Pass Thru  
Allemande Left your Corner  
Grand Right and Left  
Meet your Partner, Promenade
- 4) Get Back Home  
Heads Promenade 1/2 way  
Star Thru  
Pass Thru  
Inside Arch, Dive Thru  
Centers Pass Thru  
Inside Arch, Dive Thru  
Centers Pass Thru  
Allemande Left your Corner  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 5) Sides Promenade 1/2 way  
Star Thru  
Pass Thru  
Inside Arch, Dive Thru  
Centers Pass Thru  
Inside Arch, Dive Thru  
Centers Pass Thru  
Allemande Left your Corner  
Promenade  
Get Back Home
- 6) Heads Star Thru  
Pass Thru  
Right and Left Thru  
Inside Arch, Dive Thru  
Centers Pass Thru  
Star Thru  
Forward and Back  
Right and Left Thru  
Star Thru  
Inside Arch, Dive Thru  
Centers Right and Left Thru  
Pass Thru  
Inside Arch, Dive Thru  
Centers Right and Left Thru  
Centers Pass Thru  
Allemande Left your Corner  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home
- 7) Join your hands, Circle Left  
Circle to the Right  
Circle Left  
Face your Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade

Get Back Home

- 8) Sides Forward and Back  
Sides Star Thru  
California Twirl  
Inside Arch, Dive Thru  
Centers Pass Thru  
Inside Arch, Dive Thru  
Centers Pass Thru  
Star Thru, Make a Line  
Forward and Back  
Right and Left Thru  
Pass Thru  
Corner, Allemande Left  
Grand Right and Left  
Meet your Partner, Promenade  
Get Back Home  
Bow to your Partner  
Bow to your Corner

**【38】 SINGING CALL (シンギングコール)**

“The Rose”

《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)  
Circle Left  
Allemande Left your Corner  
Dosado  
Allemande Left your Corner  
Grand Right and Left  
Dosado  
Promenade

《Figure (フィギュア) ① ②》  
Heads Promenade 1/2 way  
Star Thru  
Pass Thru  
Right and Left Thru  
Inside Arch, Dive Thru  
Centers Right and Left Thru  
Centers Pass Thru  
Allemande Left  
Dosado  
Promenade

《Figure (フィギュア) ③ ④》  
Sides Promenade 1/2 way  
Star Thru  
Pass Thru  
Right and Left Thru  
Inside Arch, Dive Thru

Centers Right and Left Thru  
Centers Pass Thru  
Allemande Left  
Dosado  
Promenade

《Tag (タグ)》

Bow to your Partner  
Bow to your Corner

CALLER (コーラー): 荒木 義昭

**【39】 PATTERN CALL (パターンコール)**

- 1) Bow to your Partner  
Bow to your Corner  
Heads Forward and Back  
Heads Star Thru  
Centers Pass Thru  
Right and Left Thru  
Centers Arch, Dive Thru  
Centers Pass Thru  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 2) Heads Promenade 1/2 way  
Heads Star Thru  
Centers Pass Thru  
Dosado  
Star Thru  
Forward and Back  
Star Thru  
Dosado  
Star Thru  
Forward and Back  
Star Thru  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 3) Sides Promenade 1/2 way  
Sides Star Thru  
Centers Pass Thru  
Right and Left Thru  
Centers Arch, Dive Thru  
Centers Pass Thru  
Right and Left Thru

Centers Arch, Dive Thru  
Centers Pass Thru  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home

- 4) Sides Promenade 1/2 way  
Sides Star Thru  
Centers Pass Thru  
Star thru  
Make a Line, Forward and Back  
Right and Left Thru  
Star Thru  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
(Get Back Home)
- 5) Heads Star Thru  
Centers Pass Thru  
Right and Left Thru  
Centers Arch, Dive Thru  
Centers Star Thru  
Join Hands, Circle Left  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 6) Sides Promenade outside all the way  
Heads Forward and Back  
Heads Star Thru  
Centers Pass Thru  
Right & Left Thru  
Centers Arch, Dive Thru  
Centers Star Thru  
Join Hands, Circle Left  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 7) Heads Promenade 1/2 way  
Sides Promenade 1/2 way  
Sides Star Thru  
Centers Pass Thru  
Dosado  
Star Thru  
Make a Line, Forward and Back  
Star Thru

Centers Arch, Dive Thru  
Centers Pass Thru  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home

- 8) Heads Star Thru  
Centers Right and Left Thru  
Centers Pass Thru  
Centers Arch, Dive Thru  
Centers Pass Thru  
Star Thru  
Make a Line, Forward and Back  
Heads Face your Partner  
Everyone Pass Thru  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 9) Heads Star Thru  
Centers Pass Thru  
Right and Left Thru  
Centers Arch, Dive Thru  
Centers Pass Thru  
Star Thru (Make a Line)  
Forward and Back  
Right & Left Thru  
Pass Thru  
Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home  
Bow to the Partne  
Bow to the Corner

**【40】 SINGING CALL (シンギングコール)**

“Lover’s Concerto”

《Opener/Middle Break/Closer》  
(オープナー/ミドルブレイク/クローザー)

Circle Left  
Corner, Allemande Left  
Partner, Grand Right and Left  
Dosado  
Promenade

《Figure (フィギュア) ① ②》  
Heads Promenade 1/2 way  
Heads Star Thru

Centers Pass Thru  
Star Thru  
Make a Line, Forward and Back  
Right and Left Thru  
Star Thru  
Corner, Allemande Left  
Dosado  
Promenade

《Figure (フィギュア) ③ ④》

Sides Star Thru  
Centers Pass Thru  
Dosado  
Right and Left Thru  
Dive Thru  
Centers Pass Thru  
Corner, Allemande Left  
Dosado  
Promenade

《Tag (タグ)》

Allemande Left your Corner  
Bow to the Partner  
Bow to the Corner

**レビューTip**

第1回目～第5回目講習

CALLER (コーラー): 森口 久江

**[41] PATTERN CALL (パターンコール)**

- 1) Bow to your Partner  
Bow to your Corner  
Sides Face, Grand Square  
4 Boys Promenade Inside  
Partner, Dosado  
Promenade  
Get Back Home
- 2) Girls Star Left  
(手を替えて) Star Right  
Get back home  
Boys Star Right  
Allemande Left Corner  
Allemande Right Partner  
Corner, Allemande Left  
Swing  
Promenade  
Get Back Home

- 3) Heads Forward and Back  
Right and Left Thru  
Half Sashay  
Star Thru  
Dive Thru  
Centers California Twirl  
Dive Thru  
Centers Right and Left Thru  
Pass thru  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 4) Sides Forward and Back  
Pass Thru  
Half Sashay  
U-Turn Back  
Heads Forward and Back  
Pass Thru  
U-Turn Back  
Heads Star Thru  
Dive Thru  
Centers Pass Thru  
Star Thru  
Up to the Middle and Back  
Star Thru  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 5) Join your hands, Circle Left  
Reverse, Circle Right  
Single File Promenade  
Boys U-Turn Back  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 6) Sides Promenade 1/2 way  
Heads Pass Thru  
U-Turn Back  
Heads Star Thru  
Dosado  
Pass Thru  
Everyone California Twirl  
Dive Thru  
Centers Pass Thru

Allemande Left Corner  
Promenade  
Get Back Home

- 7) Heads Star Thru  
Pass Thru  
Dosado  
Star Thru  
Forward and Back  
Right and Left Thru  
Half Sashay  
Star Thru  
California Twirl  
Dive Thru  
Centers Star Thru  
Join your hands, Circle Left  
Get Back Home
- 8) Sides Face, Grand Square  
Everybody Half Sashay  
Join your hands, Circle Left  
Face New Corner, Swing  
Circle Left  
Allemande Left Corner  
Grand Right and left  
Promenade  
Get Back Home  
Bow to your Partner  
Bow to your Corner

#### 【42】 SINGING CALL (シンギングコール)

“Little Did I Know”

《Opener/Closer (オープナー/クローザー)》  
Sides Face, Grand Square  
Allemande Left  
Grand Right and Left  
Swing  
Promenade

《Figure (フィギュア) ① ②》  
※パートナーが順々に変わります  
女性は新しいパートナーの Home に行きます  
Heads Promenade 1/2 way  
Star Thru  
Pass Thru  
Dosado  
Right and Left Thru  
Star Thru  
Forward and Back  
Star Thru

Swing the Corner  
Promenade

#### 《Middle Break (ミドルブレイク)》

Circle Left  
Boys Star Right  
Allemande Left  
Grand Right and Left  
Swing  
Promenade

#### 《Figure (フィギュア) ③ ④》

※パートナーが順々に変わります  
女性は新しいパートナーの Home に行きます

Sides Promenade 1/2 way  
Star Thru  
Pass Thru  
Dosado  
Right and Left Thru  
Star Thru  
Forward and Back  
Star Thru  
Swing the Corner  
Promenade

#### 《Tag (タゲ)》

Allemande Left Corner  
Partner, Swing

## スクエアダンス体験教室

### 第 6 回講習 (Pattern #6)

CALLER (コーラー): 金子 裕行

#### 【43】 PATTEN CALL (パターコール)

- 1) Bow to your Partner  
Bow to your Corner  
Join your Hands Circle Left  
(前進後退) Forward Up and Back  
Corner Allemande Left  
Partner, Dosado  
Corner, Allemande Left  
Grand ol' Right and Left  
Promenade  
Get Back Home

- 2) Heads Lead Right  
 Veer Left  
 Bend the Line  
 Forward Up and Back  
 Pass Thru  
 Bend the Line  
 Right and Left Thru  
 Pass Thru  
 Bend the Line  
 Corner, Allemande Left  
 Grand ol' Right and Left  
 Promenade  
 Get Back Home
- 3) Side couples Lead Right  
 Veer Left  
 Bend the Line  
 Forward Up and Back  
 Pass Thru  
 Bend the Line  
 Right and Left Thru  
 Pass Thru  
 Bend the Line  
 Corner, Allemande Left  
 Grand ol' Right and Left Grand  
 Promenade  
 Get Back Home
- 4) Heads Promenade 1/2 way  
 Heads Lead Right  
 Right and Left Thru  
 Veer Left  
 Bend the Line  
 Forward Up and Back  
 Pass Thru  
 Bend the Line  
 Corner, Allemande Left  
 Grand ol' Right and Left  
 Promenade  
 Get Back Home
- 5) Side couples Promenade 1/2 way  
 Sides Lead Right  
 Right and Left Thru  
 Veer Left  
 Bend the Line  
 Forward Up and Back  
 Pass Thru  
 Bend the Line  
 Corner, Allemande Left  
 Grand ol' Right and Left

- Promenade  
 Get Back Home
- 6) Heads Right and Left Thru  
 Sides Right and Left Thru  
 Heads Lead Right  
 Veer Left  
 Bend the Line  
 Forward Up and Back  
 Right and Left Thru  
 Pass Thru  
 Bend the Line  
 Right and Left Thru  
 Join Hands, Circle Left  
 Allemande Left Corner  
 Grand ol' Right and Left  
 Promenade  
 Get Back Home
  - 7) Sides Right and Left Thru  
 Heads Right and Left Thru  
 Sides Lead Right  
 Right and Left Thru  
 Veer Left  
 Bend the Line  
 Forward Up and Back  
 Pass Thru  
 Bend the Line  
 Right and Left Thru  
 Join Hands, Circle Left  
 Allemande Left Corner  
 Grand ol' Right and Left  
 Promenade  
 Get Back Home
  - 8) Join Hands, Circle Left  
 Everybody Forward Up and Back  
 Corner, Allemande Left  
 Partner, Dosado  
 Corner, Allemande Left  
 Grand ol' Right and Left  
 Promenade  
 Get Back Home  
 Bow to your Partner  
 Bow to the Corner

**【44】 SINGING CALL (シンギングコール)**

“Dancing Queen”

《Opener/Middle Break/Closer》

(オープナー/ミドルブレイク/クローザー)

Circle Left  
Corner, Allemande Left  
Dosado  
Allemande Left  
Grand ol' Right and Left  
Promenade

《Figure (フィギュア) ①》

Heads Lead Right  
Veer Left  
Bend the Line  
Pass Thru  
Bend the Line  
Forward and Back  
Join your hands, Circle Left  
Allemande Left  
Grand ol' Right and Left  
Promenade

《Figure (フィギュア) ②》

Heads Promenade 1/2 way  
Heads Lead Right  
Right and Left Thru  
Veer Left  
Bend the Line  
Pass Thru  
Bend the Line  
Corner Allemande Left  
Grand ol' Right and Left  
Promenade

《Figure (フィギュア) ③》

Sides Lead Right  
Veer Left  
Bend the Line  
Pass Thru  
Bend the Line  
Forward and Back  
Join your hands, Circle Left  
Allemande Left  
Grand ol' Right and Left  
Promenade

《Figure (フィギュア) ④》

Sides Promenade 1/2 way  
Sides Lead Right  
Right and Left Thru  
Veer Left  
Bend the Line  
Pass Thru  
Bend the Line

Corner, Allemande Left  
Grand ol' Right and Left  
Promenade

《Tag (タグ)》

Bow to your Partner  
Bow to your Corner

CALLER (コーラー): 篠ヶ谷 紀子

【45】 PATTERN CALL (パターンコール)

- 1) Bow to the Partner  
Bow to the Corner  
Join Hands, Circle Left  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 2) Heads Promenade 1/2 way  
Right and Left Thru  
Sides Promenade 1/2 way  
Right and Left Thru  
Allemande Left Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 3) Heads Lead Right  
Right and Left Thru  
Veer Left  
Bend the Line  
Find the Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 4) Sides Lead Right  
Right and Left Thru  
Veer Left  
Bend the Line  
Find the Corner, Allemande Left  
Grand Right and Left  
Promenade  
Get Back Home
- 5) Heads Lead Right  
Right and Left Thru  
Veer Left



Bend the Line  
 Forward and Back  
 Pass Thru  
 Bend the Line  
 Right and Left Thru  
 Pass Thru  
 Bend the Line  
 Pass Thru  
 Bend the Line  
 Find the Corner, Allemande Left  
 Grand Right and Left  
 Promenade  
 Get Back Home

6) Sides Lead Right  
 Right and Left Thru  
 Veer Left  
 Bend the Line  
 Forward and Back  
 Pass Thru  
 Bend the Line  
 Right and Left Thru  
 Pass Thru  
 Bend the Line  
 Pass Thru  
 Bend the Line  
 Find the Corner, Allemande Left  
 Grand Right and Left  
 Promenade  
 Get Back Home

7) Heads Lead Right  
 Everybody Lead Right  
 Bend the Line  
 Forward and Back  
 Right and Left Thru  
 Pass Thru  
 Bend the Line  
 Find the Corner, Allemande Left  
 Grand Right and Left  
 Promenade  
 Get Back Home

8) Sides Lead Right  
 Everybody Lead Right  
 Bend the Line  
 Forward and Back  
 Right and Left Thru  
 Pass Thru  
 Bend the Line  
 Find the Corner, Allemande Left

Grand Right and Left  
 Promenade  
 Get Back Home

9) Heads Promenade 1/2 way  
 Heads Lead Right  
 Right and Left Thru  
 Veer Left  
 Bend the Line  
 Forward and Back  
 Pass Thru  
 Bend the Line  
 Join Hands, Circle Left  
 Allemande Left Corner  
 Grand Right and Left  
 Promenade  
 Get Back Home

10) Sides Promenade 1/2 way  
 Sides Lead Right  
 Right and Left Thru  
 Veer Left  
 Bend the Line  
 Forward and Back  
 Pass Thru  
 Bend the Line  
 Join Hands, Circle Left  
 Allemande Left Corner  
 Grand Right and Left  
 Promenade  
 Get Back Home  
 Bow to the Partner  
 Bow to the Corner

**【46】 SINGING CALL (シンギングコール)**

“My Girl”

《Opener/Middle Break/Closer》  
 (オープナー/ミドルブレイク/クローザー)

Circle Left  
 Allemande Left your Corner  
 Dosado  
 Allemande Left your Corner  
 Grand Right and Left  
 Dosado  
 Promenade

《Figure (フィギュア) ① ②》  
 Heads Promenade 1/2 way  
 Heads Lead Right  
 Right and Left Thru

Veer Left  
Bend the Line  
(Forward and Back)  
Pass Thru  
Bend the Line  
Find the Corner, Allemande Left  
Partner, Dosado  
Promenade

《Figure (フィギュア) ③ ④》

Sides Promenade 1/2 way  
Sides Lead Right  
Right and Left Thru  
Veer Left  
Bend the Line  
Forward and Back  
Pass Thru  
Bend the Line  
Find the Corner, Allemande Left  
Partner, Dosado  
Promenade

《Tag (タグ)》

Allemande Left your Corner  
Bow to the Partner  
Bow to the Corner

**レビューTip**

第1回目～第6回目講習

CALLER (コーラー): 大川 康太郎

**【47】 PATTERN CALL (パターンコール)**

- 1) Bow to your Partner  
Bow to your Corner  
Sides Face, Grand Square  
Join Hands, Circle Left  
Face your Corner, Allemande Left  
Partner Right, Right and Left Grand  
Meet your Partner, Promenade  
Get Back Home
- 2) Join Hands, Circle Left  
Everybody Forward and Back  
Circle Right  
Everybody Forward and Back  
Circle Left  
Allemande Left to the Corner

Grand Right and Left  
Promenade  
Get Back Home

- 3) All Join Hands, Circle Left  
Reverse Back, Single File Promenade  
All 4 Boys U-Turn Back  
Allemande Left to the Corner  
Partner Right, Right and Left Grand  
Promenade  
Get Back Home
- 4) Heads Forward and Back  
Heads Right and Left Thru  
Star Thru  
Pass Thru  
Right and Left Thru  
Dive Thru  
Right and Left Thru  
Pass Thru  
Allemande Left to the Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 5) Sides Right and Left Thru  
Star Thru  
Pass Thru  
Right and Left Thru  
Dive Thru  
Right and Left Thru  
Pass Thru  
Allemande Left to the Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 6) Heads Forward and Back  
Star Thru  
Pass Thru  
Right and Left Thru  
Dive Thru  
Pass Thru  
Allemande Left to the Corner  
Partner Right, Right and Left Grand  
Promenade  
Get Back
- 7) Sides Forward and Back  
Sides Star Thru  
Pass Thru

Right and Left Thru  
Dive Thru  
Pass Thru  
Allemande Left to the Corner  
Partner Right, Right and Left Grand  
Promenade  
Get Back Home

- 8) Join Hands Circle Left  
Allemande Left to the Corner  
Grand Right and Left  
Dosado  
Boys Star Left One Time  
Allemande Right your Partner  
Allemande Left to the Corner  
Grand Right and Left  
Promenade  
Get Back Home
- 9) Heads Lead to the Right  
Veer Left  
Bend the Line  
Forward and Back  
Pass Thru  
Bend the Line  
Forward and Back  
Right and Left Thru  
Half sashay  
Everybody Forward & Back  
Star Thru  
Allemande Left to the Corner  
Partner Right, Right and Left Grand  
Promenade  
Get Back Home

- 10) Sides Lead to the Right  
Veer Left  
Bend the Line  
Forward and Back  
Pass Thru  
Bend the Line  
Forward and Back  
Right and Left Thru  
Half sashay  
Forward and Back  
Star Thru  
Allemande Left to the Corner  
Partner Right, Right and Left Grand  
Promenade  
Get Back Home

- 11) Sides Face, Grand Square  
Bow to your Partner  
Bow to your Corner

**【48】 SINGING CALL (シンギングコール)**

“Rock and Roll Lullaby”

《Opener (オープナー)》  
Circle Left  
Allemande Left Corner  
Dosado  
Allemande Left  
Grand Right and Left  
Swing and Promenade

《Figure (フィギュア) ① ②》

※パートナーが順々に変わります  
女性は新しいパートナーの Home に行きます  
Heads Promenade 1/2 way  
Heads Right and Left Thru  
Heads Star Thru  
Pass Thru  
Right and Left Thru  
Dive Thru  
Pass Thru  
Corner, Swing  
Promenade

《Middle Break/Closer》

(ミドルブレイク/クローザー)  
Sides Face, Grand Square  
Allemande Left  
Grand Right and Left  
Swing and Promenade

《Figure (フィギュア) ③ ④》

※パートナーが順々に変わります  
女性は新しいパートナーの Home に行きます  
Sides Promenade 1/2 way  
Sides Right and Left Thru  
Sides Star Thru  
Pass Thru  
Right and Left Thru  
Dive Thru  
Pass Thru  
Corner, Swing  
Promenade

【収録にご協力いただいたコーラーの皆様】

(50音順:敬称略)

荒木義昭 (アーリーバードスクエアーズ広島)

大川康太郎 (茅ヶ崎スクエアダンスクラブ)

金子裕行 (堺光明池スクエアダンスクラブ)

篠ヶ谷紀子 (静岡ハッピーハート)

森口久江 (市原ファミリースクエアーズ)

若松真紀子 (東京スクエアダンスクラブ)

資料作成日; 2017年2月1日

資料作成者;

一般社団法人日本スクエアダンス協会

技術委員会

体験教室教材作成タスクチーム